Catholic Social Teaching links across the curriculum

Subject: PE

Catholic Social Teaching Principle	How CST is Incorporated (Key Stage 1)	How CST is Incorporated (Lower KS2)	How CST is Incorporated (Upper KS2)
Dignity of the human person We are all made in God's image so we all deserve respect.	Encouraging teamwork and fair play, ensuring all children feel valued in PE activities.	Promoting respect for others in competitive and non-competitive games, emphasising inclusion.	Discussing the importance of sportsmanship and how respect for opponents reflects human dignity.
Family and Community God made us to be part of communities, families and countries, so all people can share and help each other.	Partner and group activities that require cooperation and support.	Team-based games that foster collaboration and understanding of working towards a common goal.	Discussions on how sports and physical activities bring families and communities together, including participation in school football teams.

Rights and responsibility God wants us to help make sure that everyone is safe and healthy and can have a good life.	Ensuring all children have equal opportunities to participate and succeed.	Encouraging leadership roles where children help others develop skills.	Exploring how sports can be used to promote fairness, justice, and inclusion, especially in school events and competitions.
Solidarity and the common good God made everyone so we are all brothers and sisters in God's family wherever we live. (The fruit of the Earth belongs to everyone.)	Encouraging kindness by helping peers who may struggle with PE activities.	Discussing how access to sports and physical activity can be unequal and how we can support others.	Learning about athletes who use their platform to support disadvantaged communities and promote unity. Regularly attending events that include targeted groups for SEND and pupil premium students.
Dignity of work Work is important in God's plan for adults and their families, so jobs and pay should be fair.	Introducing simple tasks like setting up equipment to help students understand responsibility.	Encouraging respect for coaches, referees, and sports professionals.	Discussing careers in sports and the importance of hard work and dedication, including experiences from school football teams.

Option for the poor God wants us to help people who are poor, who don't have enough food, a safe place to live or a community.	Encouraging inclusion and ensuring all children have access to PE activities regardless of ability.	Learning about initiatives that provide sports opportunities to disadvantaged groups.	Exploring ways to support charities that promote access to sports for all, and ensuring opportunities for pupil premium students to participate in extracurricular activities.
Stewardship/care for creation The world has been made by God, so we must take care of all creation.	Using outdoor PE lessons to appreciate and respect the natural environment.	Teaching the importance of keeping play areas and sports fields clean.	Encouraging sustainable sports practices, such as recycling equipment and reducing waste in sports events.