(PHSE, RSE, Catholic Social Teaching) Personal Development Curriculum Map

We aim that St George's pupils have the ability and willingness to acquire the following character traits that are reflected in our learning code, community code and 'Keys to Success' programme, which are embedded within our curriculum and extracurricular offer. Our implicit and explicit personal development and character education provision (through RSHE, PSHE and Catholic Social Teaching programme, alongside the wider curriculum) builds in experiences, direct instruction and opportunities to develop the following habits, attitudes, dispositions, values and character traits:

	Catholic Virtue	Character Trait	Learning Skills (DRAGON)
Advent 1	Faith	Try new things	Original ideas
Advent 2	Kindness	Push yourself	Goes for gold
Lent 1	Service	Improve / Work hard	Remembers and reflects
Lent 2	Perseverance	Concentrate	Doesn't give up
Pentecost 1	Acceptance	Understand others	Not alone
Pentecost 2	Respect	Imagine (revisit concentrate too)	Asks good questions

Our Learning Skills Code explicitly teaches the children the following skills, habits, attitudes and dispositions to be successful lifelong learners:

- Doesn't given up
- Remembers and reflects
- Asks good questions
- Goes for gold
- **O**riginal ideas

Not alone

Our <u>Catholic Values</u> explicitly teaches the children the following skills, habits, attitudes and dispositions to be successful citizens of the future:

Respect, Faith, Kindness, Perseverance, Acceptance, Service

Our <u>'Keys to Success' Character</u> traits also teaches the children the research-based traits that are most likely to engender success:

Try new things

Success does not come knocking on the door. We all need to go out and find something in which we can experience success. Finding something that we are good at builds confidence. Some pupils may not be good at the things they spend most of their time doing at school, which can make it even more important that schools have a broad and rich curriculum with something for everyone. As adults, however, we learn that just because we may be good at something doesn't necessarily mean that we enjoy it. Successful people enjoy what they do. In fact, they love what they do. What they do gives them energy; work feels like play and time flies by. These are the lucky people who have found their energy zone. These people don't need any external or material reward to motivate them; they do what they do simply because they love it.

Work hard

If we want to get really good at something there are no short cuts. Accomplishment is all about practise and hard work. Pupils need to understand the benefits of working hard. They need to know that work is good and not something that should be avoided. Many pupils become frustrated if they don't accomplish something immediately. With a television culture of 'overnight' success, it is important to teach them that it may take hours and hours of hard work to become really good at something and that in real life success is not easy for anyone.

Concentrate

Children are living in the most intensely stimulating time in the history of the Earth. They are bombarded with images from television advertisements, websites, games consoles and mobile phones. It has never been so important to teach our children how to concentrate. Of course, every teacher will tell pupils of the need to concentrate, but few will teach them how.

Push themselves

To be really successful, pupils need to learn to push themselves. Most adults realise that if they want a healthier lifestyle, joining a gym doesn't change much. We have to push ourselves to go to the gym. In fact, going to the gym doesn't change much either if we don't push ourselves when there. There are lots of ways pupils need to push themselves. For example, when they don't feel like doing things, when they feel shy, when they think they might fail and when their friends are trying to stop them doing what they want to do. It can be really difficult to push oneself, but it is essential for success.

Imagine

In 1968, George Land gave 1,600 five-year-olds a test in divergent thinking. This involved finding multiple solutions to problems, asking questions and generating ideas. The test results were staggering: 98% scored at what he described as 'genius' level. He then re-tested the same children at age ten, by which time the level had declined to 30%. By fifteen years of age, only 12% of the children scored at the genius level. The same test given to 280,000 adults placed their genius level at only 2%. In his book Breakpoint and Beyond', co-authored by Beth Jarman, Land concluded that non-creative behaviour is learned.

The test shows what most of us know: children have a fantastic imagination, which mostly declines with age. This decline is the enemy of success. To help children to be successful we need to help them to keep having ideas as they get older.

Improve

Successful people are always trying to make things better. This doesn't mean there is anything wrong with what they have but they know that there is always room for improvement. They try to make good things great. Rather than making any radical transformations, however, they tend to make lots of small adjustments. This is what we can teach our children: great things do not happen suddenly. They are the result of lots of tweaking and refinement. We can all make things a little bit better. We can all take small steps to greatness.

Understand others

Aristotle made the distinction between what he called sophia and phronesis. Sophia was wisdom of the world - what came to be called science. He spoke of the importance of understanding how the world works. However, he also stressed that, in itself, this was not enough for civilisation to flourish. Society also needed phronesis. This was the

application of this wisdom in the service of others. Thousands of years later, Aristotle's words are just as true. Successful people use what they know to try to be useful to others. Instead of asking 'What's in it for me?' they ask, 'What can I give?' If we look at a successful business, it gives people things they value, at the right price. If we look at a successful public service, it gives people what they value at the right time.

Not give up

Successful people have bad luck, setbacks, failures, criticism and rejection but they always find a way around these problems. Children need to understand that if they have bad luck, they are not alone. Most of us tend to focus on the accomplishments of successful people rather than their mishaps or setbacks. We need to tell children about the times we failed, were rejected and criticised but also how we bounced back.

Progression through the Character traits	Milestone 1 (KS1) with EYFS	Milestone 2 (Y3 and Y4)	Milestone 3 (Y5 and Y6)
Try new things This concept involves appreciating the range of life opportunities.	 Try new things with the help of others. Talk about some things of personal interest. Join in with familiar activities. Concentrate on things of interest. 	 Try new things when encouraged. Enjoy new experiences. Join clubs or groups. Talk about new experiences with others. 	 Enjoy new things and take opportunities wherever possible. Find things to do that give energy. Become fully involved in clubs or groups. Meet up with others who share interests in a safe environment.
Work hard This concept involves understanding the importance of effort.	 Work hard with the help of others. Enjoy the results of effort in areas of interest. Take encouragement from others in areas of interest. 	 Enjoy working hard in a range of activities. Reflect on how effort leads to success. Begin to encourage others to work hard. 	 Have fun working hard. Understand the benefits of effort and commitment. Continue to practise even when accomplished. Encourage others by pointing out how their efforts gain results.
Concentrate This concept involves understanding how to become focused.	 Give attention to areas of interest. Begin to 'tune out' distractions. Begin to show signs of concentration. Begin to seek help when needed. 	 Focus on activities. 'Tune out' some distractions. Search for methods to help with concentration. Develop areas of deep interest. 	 Give full concentration. 'Tune out' most distractions. Understand techniques and methods that aid concentration. Develop expertise and deep interest in some things.
Push themselves This concept involves understanding how to overcome doubts and insecurities.	 Express doubts and fears. Explain feelings in uncomfortable situations. Begin to push past fears (with encouragement). Listen to people who try to help. 	 Begin to understand why some activities feel uncomfortable. Show a willingness to overcome fears. Push past fears and reflect upon the emotions felt afterwards. Begin to take encouragement and advice from others. 	 Find ways to push past doubts, fears, or a drop in motivation even in challenging circumstances. Push oneself in areas that are not so enjoyable. Listen to others who encourage and help, thanking them for their advice.

	• Begin to try to do something more than once.	• Keep trying after a first attempt.	• Reflect upon how pushing past doubts, fears or a drop in motivation leads to a different outlook.
Imagine This concept involves understanding how to apply knowledge inventively.	 With help, develop ideas. Respond to the ideas of others'. Respond to questions about ideas. Act on some ideas. 	 Begin to enjoy having new ideas. Show some enthusiasm for the ideas of others. Ask some questions in order to develop ideas. Show enjoyment in trying out some ideas. 	 Generate lots of ideas. Show a willingness to be wrong. Know which ideas are useful and have value. Act on ideas. Ask lots of questions.
Improve This concept involves an appreciation that small improvements make big differences.	 Share with others likes about own efforts. Choose one thing to improve (with help). Make a small improvement (with help). 	 Share with others a number of positive features of own efforts. Identify a few areas for improvement. Attempt to make improvements. 	 Clearly identify own strengths. Identify areas for improvement. Seek the opinion of others to help identify improvements. Show effort and commitment in refining and adjusting work.
Understand others This concept involves an appreciation of others.	 Show an awareness of someone who is talking. Show an understanding that ones own behaviour affects other people. Listen to other people's point of view. 	 Listen to others, showing attention. Think of the effect of behaviour on others before acting. Describe the points of view of others. 	 Listen first to others before trying to be understood. Change behaviours to suit different situations. Describe and understand others' points of view.
Not give up This concept involves the understanding of the importance of persistence.	 Try again with the help of others. Try to carry on even if failure causes upset. Keep going in activities of interest. Try to think of oneself as lucky. 	 Find alternative ways if the first attempt does not work. Bounce back after a disappointment or failure. Show the ability to stick at an activity (or a club or interest). See oneself as lucky. 	 Show a determination to keep going, despite failures or setbacks. Reflect upon the reasons for failures and find ways to bounce back. Stick at an activity even in the most challenging of circumstances. See possibilities and opportunities even after a disappointment. Consider oneself to be lucky and understand the need to look for luck.

Progression in RSE	EYFS	Milestone 1 (KS1)	Milestone 2 (Y3 and Y4)	Milestone 3 (Y5 and Y6)
Module 1				
Religious Understanding	Children can express that: • We are created individually by God as part of His creation plan • We are all God's children and are special • Our bodies were created by God and are good • We can give thanks to God	Children can express that: • We are created individually by God • God wants us to talk to Him often through the day and treat Him as our best friend • God has created us, His children, to know, love and serve Him in this life and forever – this is our purpose and goal and will bring us true happiness • We are created as a unity of body, mind and spirit: who we are matters and what we do matters • We can give thanks to God in different ways	Children can explain that: • We are created individually by God who is Love, designed in His own image and likeness • God made us with the desire to be loved and to love and to make a difference: each of us has a specific purpose (vocation) • Every human life is precious from the beginning of life (conception) to natural death • Personal and communal prayer and worship are necessary ways of growing in our relationship with God • In Baptism God makes us His adopted children and 'receivers' of His love • By regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue) • It is important to make a nightly examination of conscience	Children can explain that: • We were created individually by God who cares for us and wants us to put our faith in Hir • Physically becoming an adult is a natural phase of life • Lots of changes will happen during puberty and sometimes it might feel confusing, but it is all part of God's great plan and the results will be worth it!
Me, My Body, My Health	 Children can express that: We are each unique, with individual gifts, talents and skills Whilst we all have similarities because we are made in God's image, difference is part of God's plan That their bodies are good and made by God 	 Children can explain: That we are unique, with individual gifts, talents and skills That our bodies are good The names of the parts of our bodies (naming genitalia will depend on key decision made by individual schools) 	Children can explain: • Similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community	Children can explain: • Similarities and differences between people arise as they grow and mature, and that by living and working together ('teamwork') we create community

	• The names of the parts of the	• That girls and boys have been	Self-confidence arises from	Self-confidence arises from
	body (not genitalia)	created by God to be both	being loved by God (not status,	being loved by God (not status,
	• That our bodies are good and	similar and different and	etc)	etc)
	we need to look after them	together make up the richness	• They need to respect and	• That human beings are
	• What constitutes a healthy	of the human family	look after their bodies as a gift	different to other animals
	lifestyle, including exercise, diet, sleep and personal hygiene	• Our bodies are good and we	from God through what they	• About the unique growth and
	sleep and personal hygiene	need to look after them	wear, what they eat and what	development of humans, and
		What constitutes a healthy	they physically do	the changes that girls and boys
		lifestyle, including physical	Year 4 onwards	will experience during puberty
		activity, dental health and	 What the term puberty 	About the need to respect
		healthy eating	means	their bodies as a gift from God
		• The importance of sleep, rest	 When they can expect 	to be looked after well, and
		and recreation for our health;	puberty to take place	treated appropriately
		 How to maintain personal 	 That puberty is part of God's 	 The need for modesty and
		hygiene	plan for our bodies	appropriate boundaries
			 Correct naming of genitalia 	 How to make good choices
			 What changes will happen to 	that have an impact on their
			boys during puberty	health: rest and sleep, exercise,
			 What changes will happen to 	personal hygiene, avoiding the
			girls during puberty	overuse of electronic
				entertainment, etc.
Emotional Well-being	Children can express that:	Children can explain:	Children can explain:	Children can explain:
	• That we all have different	 That it is natural for us to 	• That emotions change as they	 That images in the media do
	'tastes' (likes and dislikes), but also similar needs (to be loved	relate to and trust one another	grow up (including hormonal	not always reflect reality and
	and respected, to be safe etc)	• That we all have different	effects)	can affect how people feel
	• That it is natural for us to	'tastes' (likes and dislikes), but	 A deeper understanding of 	about themselves
	relate to and trust one another	also similar needs (to be loved	the range and intensity of their	That thankfulness builds
	• A language to describe their	and respected, to be safe etc)	feelings; that 'feelings' alone	resilience against feelings of
	feelings	A language to describe our	are not good guides for action	envy, inadequacy, etc. and
	• An understanding that	feelings	 What emotional well-being 	against pressure from peers or
	everyone experiences feelings, both good and bad	• In a simple way that feelings	means;	media
	Simple strategies for	and actions are two different	That positive actions help	A deeper understanding of
	managing feelings	things, and that our good	emotional well-being (beauty,	the range and intensity of their
	Simple strategies for	actions can 'form' our feelings	art, etc. lift the spirit)	feelings; that 'feelings' are not
	managing emotions and	and our character	• That talking to trusted people	the only good guides for action
	behaviour	• Simple strategies for	helps emotional well-being (eg	That some behaviour is
		managing feelings and for good	parents/carer/teacher/ parish	wrong, unacceptable,
		behaviour	priest)	unhealthy or risky

	• That we have choices and	That choices have	• That images in the media do	• That emotions change as they
	these choices can impact how	consequences; that when we	not always reflect reality and	grow up (including hormonal
	we feel and respond.	make mistakes we are called to	can affect how people feel	effects)
	• We can say sorry and forgive like Jesus	receive forgiveness and to	about themselves	 About emotional well-being:
	like Jesus	forgive others when they do	 That some behaviour is 	that beauty, art, etc. can lift the
		 That Jesus died on the cross 	wrong, unacceptable,	spirit; and that also openness
		so that we would be forgiven	unhealthy and risky	with trusted
			 That thankfulness builds 	parents/carers/teachers when
			resilience against feelings of	worried ensures healthy well-
			envy, inadequacy and	being
			insecurity, and against pressure	The difference between
			from peers and the media	harmful and harmless videos
				and images
				• The impact that harmful
				videos and images can have on
				young minds
				 Ways to combat and deal
				with viewing harmful videos
				and images
Life Cycles	Children can express that:	Children can describe:	Children can explain:	Children can explain:
	 That there are natural life 	 That there are natural life 	• That they were handmade by	 How a baby grows and
	stages from birth to death, and	stages from birth to death, and	God with the help of their	develops in its mother's womb
	what these are - typically	what these are - typically	parents	About the nature and role of
	naming baby, child, adult	naming baby, child, teenager,	 How a baby grows and 	menstruation in the fertility
		adult, old age adult	develops in its mother's womb	cycle, and that fertility is
			including, scientifically, the	involved in the start of life
			uniqueness of the moment of	 Some practical help on how
			conception	to manage the onset of
			 How conception and life in 	menstruation
			the womb fits into the cycle of	Basic scientific facts about
			life	sexual intercourse between a
				man and woman;
				• The physical, emotional,
				moral and spiritual implications
				of sexual intercourse;

Module 2				• The Christian viewpoint that sexual intercourse should be saved for marriage.
Religious Understanding	Children can express that: • We are part of God's family • Jesus cared for others and wanted them to live good lives like Him • We should love other people in the same way God loves us	Children can describe that: • We are part of God's family • Saying sorry is important and can mend friendships; • Jesus cared for others and had expectations of them and how they should act • We should love other people in the same way God loves us	Children can explain: • That God loves, embraces, guides, forgives and reconciles us with him and one another • The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness • That relationships take time and effort to sustain • That we reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness	Children can describe: • That God calls us to love others • Ways in which we can participate in God's call to us
Personal Relationships	 Children are able to describe: Special people (e.g. parents, carers, friends) and what makes them special The importance of the nuclear family and of the wider family The importance of being close to and trusting of 'special people' and telling them is something is troubling them How their behaviour affects other people and that there is appropriate and inappropriate behaviour The characteristics of positive and negative relationships Different types of teasing and that all bullying is wrong and unacceptable 	Children are able to describe: • 'Special people' (their parents, carers, friends, parish priest) and what makes them special • The importance of nuclear and wider family • The importance of being close to and trusting special people and telling them if something is troubling them • How their behaviour affects other people, and that there is appropriate and inappropriate behaviour • The characteristics of positive and negative relationships • Different types of teasing and that all bullying is wrong and unacceptable	Children can describe: • Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong • That there are different types of relationships including those between acquaintances, friends, relatives and family • That good friendship is when both persons enjoy each other's company and also want what is truly best for the other • The difference between a group of friends and a 'clique' • Their awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying • Harassment and exploitation in relationships, including	Children can explain: • That pressure comes in different forms, and what those different forms are • That there are strategies that they can adopt to resist pressure • What consent and bodily autonomy means • Different scenarios in which it is right to say 'no' • How thoughts and feelings impact actions, and develop strategies that will positively impact their actions and apply this in their relationships

	When they have been unkind	When they have been unkind	physical and emotional abuse	
	to others and say sorry	and say sorry	and how to respond	
	• That when we are unkind, we	When people are being		
	hurt God and should say sorry	unkind to them and others and		
	When people are being	how to respond		
	unkind to them and others and	When we are unkind to		
	how to respond	others, we hurt God also and		
	That we should forgive like	should say sorry to him as well		
	Jesus forgives	• That we should forgive like		
		Jesus forgives		
Keeping Safe	Children can explain:	Children can explain:	Children can explain:	Children can explain:
	 About safe and unsafe 	 Some safe and unsafe 	 That their increasing 	 That their increasing
	situations indoors and	situations, including online	independence brings increased	independence brings increased
	outdoors, including online	 The difference between 	responsibility to keep	responsibility to keep
	 That they can ask for help 	'good' and 'bad' secrets and	themselves and others safe	themselves and others safe
	from their special people	that they can and should be	• How to use technology safely	• How to use technology safely
	 That they are entitled to 	open with 'special people' they	• That just as what we eat can	• That just as what we eat can
	bodily privacy	trust if anything troubles them	make us healthy or make us ill,	make us healthy or make us ill,
	• That they can and should be	How to resist pressure when	so what we watch, hear, say or	so what we watch, hear, say or
	open with 'special people' they	feeling unsafe	do can be good or bad for us	do can be good or bad for us
	trust if anything troubles them	 That they are entitled to 	and others	and others
	 That there are different 	bodily privacy	• How to report and get help if	• How to report and get help if
	people we can trust for help,	 That there are different 	they encounter inappropriate	they encounter inappropriate
	especially those closest to us	people we can trust for help,	materials or messages	materials or messages
	who care for us, including our	especially those closest to us	 How to use technology safely 	 What the term cyberbullying
	teachers and our parish priest	who care for us, including our	 That bad language and bad 	means and examples of it
	 That medicines should only 	parents or carers, teachers and	behaviour are inappropriate	 What cyberbullying feels like
	be taken when a parent or	our parish priest	 That just as what we eat can 	for the victim
	doctor gives them to us	• That medicines are drugs, but	make us healthy or make us ill,	 How to get help if they
	 That medicines are not 	not all drugs are good for us	so what we watch, hear, say or	experience cyberbullying
	sweets	 That alcohol and tobacco are 	do can be good or bad for us	What kind of physical contact
	 That we should always try to 	harmful substances	and others	is acceptable or unacceptable
	look after our bodies because	 That our bodies are created 	 How to report and get help if 	and how to respond
	God created them and gifted	by God, so we should take care	they encounter inappropriate	 That there are different
	them to us	of them and be careful about	materials or messages	people we can trust for help,
	 That there are lots of jobs 	what we consume	 To judge well what kind of 	especially those closest to us
	designed to help us	 That they should call 999 in 	physical contact is acceptable	who care for us, including
		an emergency and ask for		parents, teachers and priests

	 That paramedics help us in a medical emergency That First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance 	 ambulance, police and/or fire brigade That if they require medical help but it is not an emergency, basic first aid should be used instead of calling 999 	or unacceptable and how to respond • That there are different people we can trust for help, especially those closest to us who care for us, including our	 The effect that a range of substances including drugs, tobacco and alcohol can have on the body How to make good choices about substances that will have
		• Some basic principles of First Aid	 teachers and parish priest That medicines are drugs, but not all drugs are good for us That alcohol and tobacco are harmful substances That our bodies are created by God, so we should take care of them and be careful about what we consume That in an emergency, it is important to remain calm That quick reactions in an emergency can save a life How to help in an emergency using their First Aid knowledge 	 a positive impact on their health That our bodies are created by God, so we should take care of them and be careful about what we consume How they may come under pressure when it comes to drugs, alcohol and tobacco That they are entitled to say "no" for all sorts of reasons, but not least in order to protect their God-given bodies That the recovery position can be used when a person is unconscious but breathing That DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance
Module 3				
Religious Understanding	 Children can express: That God is love: Father, Son and Holy Spirit That being made in His image means being called to be loved and to love others What a community is, and that God calls us to live in community with one another 	 Children can explain That God is love: Father, Son and Holy Spirit That being made in His image means being called to be loved and to love others What a community is, and that God calls us to live in community with one another A scripture illustrating the importance of living in 	Children can describe that: • God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self- giving relationship' • The human family can reflect the Holy Trinity in charity and generosity • The Church family comprises home, school and parish (which is part of the diocese)	 Children can explain: That God the Father, God the Son and God the Holy Spirit make up the three persons of the Trinity That the Holy Spirit works through us to bring God's love and goodness to others The principles of Catholic Social Teaching

	 Some Scripture illustrating the importance of living in a community That no matter how small our offerings, they are valuable to God and He can use them for His glory 	community as a consequence of this • Jesus' teaching on who is my neighbour		• That God formed them out of love, to know and share His love with others
Living in the Wider World	Children can express: • That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community • That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc. • That we have a duty of care for others and for the world we live in (charity work, recycling, etc) • About what harms and what improves the world in which they live	 Children can explain: That they belong to various communities such as home, school, parish, the wider local community, nation and global community That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc. That we have a duty of care for others and for the world we live in (charity work, recycling etc.) What harms and what improves the world in which we live in simple terms 	Children can explain: • That God wants His Church to love and care for others • Practical ways of loving and caring for others	Children can explain: • How to apply the principles of Catholic Social Teaching to current issues • Ways in which they can spread God's love in their community

	EYFS	Y1 and Y2	Y3 and Y4	Y5 and Y6
Keeping/Staying Safe	 Road Safety begin to understand why it is important to stay safe when crossing the road begin to recognise a range of safe places to cross the road begin to understand the differences between safe and risky choices begin to know different ways to help us stay safe ELG link: PSED – Managing self Explain the reasons for rules, know right from wrong and try to behave accordingly; 	Road Safety • understand why it is important to stay safe when crossing the road • be able to recognise a range of safe places to cross the road • understand the differences between safe and risky choices • know different ways to help us stay safe Tying Shoelaces • Know the reasons to make sure your laces are tied • Learn how to tie up laces properly • Know rules to keep yourself and others safe • Understand the differences between safe and risky choices	 Staying Safe know ways to keep yourself and others safe be able to recognise risky situations be able to identify trusted adults around you understand the differences between safe and risky choices Leaning out of windows be able to recognise a range of warning signs be able to spot the dangers we may find at home know the importance of listening to our trusted adults be able to understand ways we can keep ourselves and others safe at home know the differences between safe and risky choices Cycle safety identify strategies we can use to keep ourselves and others safe recognise the impact and possible consequences of an accident or incident identify what is a risky choice create a set of rules for and identify ways of keeping safe 	 Peer Pressure identify strategies we can use to keep ourselves and others safe recognise ways to manage peer pressure explain the potential outcomes that may happen when we take risks recognise the impact and possible consequences of an accident or incident Water Safety identify a range of danger signs develop and name strategies that can help keep ourselves and others safe recognise the impact and possible consequences of an accident or incident

Keeping/Staying Healthy	Washing hands	Washing hands	Medicine	Smoking
	vvasiiliig lialius	 revisit why we need to wash 	 know, understand, and be 	• explain some of the risks
	 understand why we need to 	our hands	able to practise simple safety	associated with smoking
	wash our hands	 know how germs are spread 	rules about medicine	(physical, social, and legal) and
	 begin to know how germs are 	and how they can affect our	 understand when it is safe to 	name the addictive ingredient
	spread and how they can affect	health	take medicine	found in cigarettes, e-cigs, etc.
	our health	 revisit best methods for 	 know who we can accept 	describe how smoking can
	 be able to practise washing your 	washing your hands	medicine from	affect your immediate and
	hands	 know the differences 	 understand the differences 	future health and wellbeing
	 begin to know the differences 	between healthy and unhealthy	between healthy and unhealthy	 give reasons why someone
	between healthy and unhealthy	choices	choices ,	might start and continue to
	choices			smoke
		Healthy Eating	Healthy Living	 identify and use skills and
	DCED Managing Calf: Manage	 know that food is needed for 	 explain what is meant by a 	strategies to resist any pressure
	PSED – Managing Self: Manage their own basic hygiene and	our bodies to be healthy and to	balanced diet and plan a	to smoke
	personal needs, including dressing,	grow	balanced meal	
	going to the toilet and	 understand that some foods 	 recognise how too much 	Alcohol and Drugs
	understanding the importance of	are better for good health than	sugar, salt, and saturated fat in	• identify what is a risky choice
	healthy food choices	others	our food and drink can affect us	 identify the risks associated
	nearly rood choices	 be able to list different types 	now and when we are older	with alcohol
		of healthy food	understand nutritional	 describe how alcohol can
	Healthy Eating:	 understand how to keep 	information on packaged food	affect your immediate and
	 begin to know that food is 	yourself and others healthy	and explain what it means	future health
	needed for our bodies to be	know the differences	describe different ways to	 develop and recognise skills
	healthy and to grow	between healthy and unhealthy	maintain a healthy lifestyle	and strategies to keep safe
	 begin to understand that some 	choices		Drug extension:
	foods are better for good health			 understand the difference
	than others	Brushing Teeth		between 'legal' and 'illegal'
	 begin to list different types of 	understand why we need to		drugs
	healthy food	brush our teeth		 carry out research around
	 begin to understand how to 	 be able to practise brushing 		cannabis
	keep yourself and others healthy	your teeth		• identify the risks associated
	• start to know the differences	 know the differences 		with using cannabis
	between healthy and unhealthy	between healthy and unhealthy		
	choices	choices		
		• be able to develop strategies		
	PSED – Managing Self: Be	to help you remember to brush		
	confident to try new activities and			

	show independence, resilience	your teeth when you forget,		
	and perseverance in the face of	are tired, or busy		
		are theu, of busy		
	challenge;			
	UTW – People, Culture and			
	Communities: Know some			
	similarities and differences			
	between different religious and			
	cultural communities in this			
	country, drawing on their			
	experiences and what has been			
	read in class;			
	Explain some similarities and			
	differences between life in this			
	country and life in other countries,			
	drawing on knowledge from			
	stories, non-fiction texts and –			
	when appropriate – maps.			
	Sun Safety			
	Understand ways to stay			
	safe and cool in the hot			
	weather			
	ELG Link – PSED – Self Regulation:			
	Show an understanding of their			
	own feelings and those of others,			
	and begin to regulate their			
	behaviour accordingly;			
Relationships in Y1-3	Friendship	Friendship	Touch	Appropriate Touch and
		 understand how to be a good 	 understand the difference 	Relationships
Growing and Changing in Y4-6	• begin to understand how to be a	friend	between appropriate and	• identify the different types of
	good friend	 be able to recognise kind and 	inappropriate touch	relationships we can have and
	 start to recognise kind and 	thoughtful behaviours	 know why it is important to 	describe how these can change
	thoughtful behaviours	• understand the importance	care about other people's	as we grow
	 begin to understand the 	of caring about other people's	feelings	• explain how our families
	importance of caring about other	feelings	understand personal	
	people's feelings		boundaries	support us and how we can
	1 1		boundaries	support our families

 start to see a situation from 	 be able to see a situation 	 know who and how to ask for 	 identify how relationships can
another person's point of view	from another person's point of	help	be healthy or unhealthy
	view	• be able to name human body	• explain how to ask for help
		parts	and identify who can help us if
ELG Link – PSED – Self Regulation:	Bullying		a relationship makes us feel
Show an understanding of their	• be able to name a range of	Appropriate Touch and	uncomfortable
own feelings and those of others,	feelings	Relationships	
and begin to regulate their	 understand why we should 	• identify the different types of	
behaviour accordingly;	care about other people's	relationships we can have and	
	feelings	describe how these can change	
ELG – PSED – Building	 be able to see and 	as we grow	
relationships: Work and play	understand bullying behaviours	 explain how our families 	
	 know how to cope with these 	support us and how we can	
others; Form positive attachments	bullying behaviours	support our families	
to adults and friendships with		 identify how relationships can 	
peers;	Body language	be healthy or unhealthy	
	0		
	-	•	
		uncomfortable	
	-		
	-		
other people's reenings.	people's feelings		
FIGLink - PSED - Solf Regulation			
_			
_			
penaviour accordingly;			
ELG – PSED – Building			
C C			
 Sharing and Jealousy Start to learn some skills for coping with unpleasant/uncomfortable emotions Begin to understand why we should care about other people's feelings. ELG Link – PSED – Self Regulation: Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; 	bullying behaviours	support our familiesidentify how relationships can	

	to adults and friendships with			
	peers;			
Being Responsible		 Water Spillage know how you can help people around you understand the types of things you are responsible for know how and understand the importance of preventing accidents be able to recognise the differences between being responsible and being 	 Stealing understand the differences between borrowing and stealing be able to describe how you might feel if something of yours is borrowed and not returned know why it is wrong to steal be able to understand the differences between being responsible and irresponsible 	Looking out for others • recognise why we should take action when someone is being unkind • describe caring and considerate behaviour, including the importance of looking out for others • demonstrate why it is important to behave in an appropriate and responsible
		 irresponsible Practice makes perfect be able to name ways you can improve in an activity or sport understand the importance of trying hard and not giving up be able to see the benefits of practising an activity or sport be able to learn ways to set goals and work to reach them 	Coming home on time • recognise the importance of behaving in a responsible manner in a range of situations • describe a range of situations where being on time is important • explain the importance of having rules in the home • describe ways that behaviour can be seen to be sensible and	 way identify how making some choices can impact others' lives in a negative way Stealing explain what consent means recognise the importance of being honest and not stealing explain why it is important to have a trusting relationship between friends and family
		 Helping someone in need know how you can help other people be able to recognise kind and thoughtful behaviours and actions understand the risks of talking to people you don't know very well in the community 	responsible	• identify how making some choices can impact others' lives in a negative way

		 be able to identify the differences between being responsible and being irresponsible 		
Feelings and Emotions	 Worry start to recognise and name emotions and their physical effects begin to know the difference between pleasant and unpleasant emotions learn some ways of coping with unpleasant/uncomfortable emotions start understand that feelings can be communicated with and without words ELG Link – PSED: Self-Regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; ELG Link – PSED: Manging Self Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; 	Jealousy be able to recognise and name emotions and their physical effects know the difference between pleasant and unpleasant emotions learn a range of skills for coping with unpleasant/uncomfortable emotions understand that feelings can be communicated with and without words Worry be able to recognise and name emotions and their physical effects know the difference between pleasant and unpleasant emotions understand that feelings can be communicated with and without words 	Grief/Loss • be able to recognise and name emotions and their physical effects • know the difference between pleasant and unpleasant emotions • learn a range of skills for coping with unpleasant/uncomfortable emotions • understand that feelings can be communicated with and without words Jealousy • recognise our thoughts, feelings, and emotions, and identify the differences between those that feel good and those that feel not so good • describe how we can support others who feel lonely, jealous, or upset • recognise that we can choose how we act on our emotions and understand that our choices and actions can affect ourselves and other people • demonstrate a range of strategies to help control and manage unpleasant/uncomfortable	Anger • recognise that everyone experiences emotions and that these can have physical effects on our body, both pleasant and unpleasant • explain how feelings can be communicated with or without words • recognise that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people • demonstrate a range of strategies to help control and manage unpleasant/uncomfortable emotions, such as anger Worry • recognise our thoughts, feelings, and emotions • identify how we can reduce our feeling of worry • explain how we can support others who feel worried • recognise that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people

		 know the difference between pleasant and unpleasant emotions learn a range of skills for coping with unpleasant/uncomfortable emotions understand that feelings can be communicated with and without words 	emotions, such as loneliness and jealousy	
Computer Safety	 Screen time understand how too much screen time can be unhealthy Begin to find ways of moving away from screen time and choosing something healthier to do. ELG Link – PSED: Self-Regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; 	 Online bullying understand how your online activity can affect others be able to identify the positives and negatives of using technology know who and how to ask for help be able to recognise kind and unkind comments Image Sharing Understand how your online actions can affect others Be able to name the positive and negative ways you can use technology Know the risks of sharing images without permission Understand the types of images that you should and should not post online 	Making friends online be able to identify possible dangers and consequences of talking to strangers online • know how to keep safe in online chatrooms • be able to name the positives and negatives of using technology • understand the difference between safe and risky choices online Online Bullying • recognise the key values that are important in positive online relationships • identify the feelings and emotions that may arise from online bullying • develop coping strategies to use if we or someone we know is being bullied online • identify how and who to ask for help	 Image Sharing list reasons for sharing images online identify rules to follow when sharing images online describe the positive and negative consequences of sharing images online recognise possible influences and pressures to share images online Making Friends Online list the key applications that we may use now and in the future know and understand why some applications have age restrictions identify ways to keep yourself and others safe in a range of situations online and offline recognise that people may not always be who they say they are online
Our World		Growing in our world	Looking after our world	Enterprise

		 understand the needs of a baby be able to recognise what you can do for yourself now you are older be able to describe the common features of family life be able to recognise the ways in which your family is special and unique Living in our world understand why we should look after living things be able to identify how we can look after living things both inside and outside of the home recognise why it is important to keep our communities and countryside clean be able to encourage others to help keep their communities and countryside clean be able to describe the skills you may need in a future job or career be able to recognise the differences between wants and 	 be able to explain the meaning of reduce, reuse, and recycle recognise how we can help look after our planet be able to identify how to reduce the amount of water and electricity we use understand how we can reduce our carbon footprint Chores at home identify ways in which we can help those who look after us explain the positive impact of our actions describe the ways in which we can contribute to our home, school, and community identify the skills we may need in our future job roles 	 understand and explain why people might want to save money identify ways in which you can help out at home budget for items you would like to buy recognise ways to make money and the early stages of enterprise In App Purchases know and understand various money-related terms recognise some of the ways in which we can spend money via technology describe the potential impact of spending money without permission identify strategies to save money
A World Without Judgement	Accepting others	needs	 Breaking down barriers recognise positive attributes in others 	Inclusion and Acceptance

•		
 I understand why others 	 explain why being different is 	 identify some of the ways in
might play differently to	okay	which we are different and
us	 recognise your own strengths 	unique
 I know that it is ok to be 	and goals, and understand that	• explain some of the elements
different	these may be different from	which help us to have a diverse
	those around you	community
ELG link – PSED – Building	 identify some of the ways we 	 describe strategies to
Relationships: Show sensitivity to	can overcome barriers and	overcome barriers and
their own and to others' needs	promote equality	promote diversity and inclusion
		British Values
		 understand that there are a
		wide range of religions and
		beliefs in the UK
		 explain each of the British
		values
		 create a range of values for
		your educational setting
		 explain how all religions can
		live in cohesion

The Dignity of the Human Person ADVENT 1 Family and Community	I know that God made me and loves me very much I know that God made me and all my friends very beautiful I can identify my school family. I know that we love and look	Y1 I know that God loves us equally as His children. I know that we are all different and amazing. Y2 I know that we love and look after each other because we are all brothers and sisters. I know that loving each other makes us strong. Y1	First cycle I know that we are all equal in God's eyes and loved. Second cycle I know that I have been given a special gift for the world.	First cycle I know that each person is unique and irreplaceable – everyone matters. Second cycle I know that people matter more than possessions.
Family and Community		Y1	+	
	after each other because we are all brothers and sisters in God's family.	I know that we are all part of a community. I know that we look after and care for each other. Y2 I know that I belong to my family and my community. I know that my community needs me.	First cycle I know what makes community. Second cycle I know how we can build community up. I know how to build the kingdom of God up.	Covered in Y3/4
Solidarity and the Common Good			Y5 only during both cycles. I listen to others with my ears, eyes, heart and mind. I know that we walk together as people of peace. I can describe how we face challenges together.	
Rights and Responsibilities	I know that God wants everyone to be happy. I know that God gives us all we need to be happy.	Y1 I can help others to make the right choices. I can explore what makes us happy.	First cycle I can name some barriers to happiness. I know that we can find happiness with each other.	Covered in Y3/4

		I can find happiness with others.	I can help others to make the right choices. I can explain fair shares for all.	
Option for the Poor and Vulnerable	I know that God's gifts are for everyone. I share toys and food with friends so that everyone has enough.	 Y1 I know that some of God's family have plenty of toys, food, clothes. Some don't. I can explore the feelings of those who have plenty and those who have little. Y2 I can work together to make our family happy. I can begin to explore fairness and justice. I can identify who needs our helps and suggest ways of helping. 	Covered in Y5/6	First cycle I know that some parts of our area are richer or poorer than others. I can describe the needs of a poor area compared to those of a rich area. Second cycle I see brothers and sisters, not strangers in need. I know how to raise awareness locally and nationally. I can be Christ's voice in our area for those who need us the most.
The Dignity of Work		 Y1 I know that everybody's work is valuable and important for the community. I can describe how we work together to build up our school family. Y2 I can begin to find my special job - my gift to the world. I know the importance of working hard to be the best you can be, for others. 	First cycle I can explain how work builds us up. I can describe the many sides of working together to build up a community. Second cycle I can recognise and help others to find their gift and share it. I can enable other to aim high.	Covered in Y3/4
Stewardship		Y1 I know that we can learn from God's creation and that we depend on each other. Y2	Covered in Y5	Year 5 only I know that all things are connected. I believe in 'enough for everyone's need but not everybody's greed'.

	I know how to make good choices and be responsible.	I know that we are stewards of God's world. I can describe how we see God in creation.	

Curriculum Sequencing within RHSE, PSHE and Catholic Social Teaching

Advent 1

Race/Harmful Sexual Behaviour Focus

	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Personal Development Opportunities 'Try new things' Virtue: Faith
EYFS	Unit 1: Story Sessions: Handmade with love	Story: Pink goes to school. Talking and Sorting Cards: starting school photo pack and instruction card. Dilemma/Scenario: Pink dilemma drop Anger – being asked to tidy up at break/dinner	Caritas – The Dignity of the Human Person – God made me and loves me very much	Unit 1: Session 1 I am me	Story: Blue learns to share Talking and Sorting Cards: sort the 'this is sharing' and 'this is not sharing' cards Dilemma/Scenario: Blue dilemma drop Jealousy – sharing a friend – your friend has made a new friend. What can we do to help?	Caritas – The Dignity of the Human Person – God made me and my friends very beautiful (Ensure difference is discussed and celebrated)	Try a new food at dinner time. Speak to someone new in FS2. Curriculum based (UTW- Traditional ideas) We are going to try <u>new things</u> and have <u>original ideas</u> like Three little Pigs did when building their own houses. We are going to try <u>new ways</u> to show <u>kindness</u> like Little Red Riding Hood showed to her Grandma by taking her a basketful of treats.
Year 1	Unit 1: This is me	<u>Jealousy</u> (Feelings and Emotions)	Caritas – The Dignity of the Human Person	Unit 2: Session 1 I am unique	<u>Jealousy</u> (Feelings and Emotions)	Caritas – The Dignity of the Human Person – We are all	Try to use the lines in your books correctly.

			- God loves us equally as his children			different and amazing (Ensure difference is discussed and celebrated)	Try to sit beautifully in Acts of Worship. Curriculum based: Plants and trees: To push yourself to identify the names of common plants and trees. Humans: imagine and understanding others. Discussion around when people lose a sense, i.e. blind. Links to geography, can you use maps to help guide them around our classroom? What is history? – imagine how life has changed in school and play between now and our grandparents' generation. Geography: imagine – a new pupil had never been to derby. What landmarks would you show them? Could you show them where Derby is on a map? Could you create a map of our classroom to help guide them?
Year 2	Unit 1: This is me	<u>Worry</u> (Feelings and emotions)	Equaliteach Reject Racism ' Universal Values' Intro the British value of Mutual respect and tolerance of those with	Unit 2: Session 3 Clean and Healthy	<u>Anger</u> (Feelings and emotions)	Caritas – The Dignity of the Human Person – Loving each other makes us strong.	Try new activities at lunchtime. Try to achieve 5 times reading at home a week. Curriculum based: Geography Character trait: Try new things with the help of others- new maps and different types they won't have come across before.

Year 3/4 (First cycle)	Read 'My world, your world' and complete a short activity about celebrating difference. (Equaliteach)	Touch Looks at appropriate and inappropriate touch and enables children to explore who they can talk to if they are uncomfortable) (Relationships 5-8)	different faiths and beliefs Hats of faith Caritas – The Dignity of the Human Person – We are all equal in God's eyes and loved.	Y3: Respecting our bodies Year 4: What is puberty?	Touch Looks at appropriate and inappropriate touch and enables children to explore who they can talk to if they are uncomfortable) (Relationships 5-8)	(1 decision) Touch Looks at appropriate and inappropriate touch and enables children to explore who they can talk to if they are uncomfortable) (Relationships 5-8)	Trying to label parts on them in pairs, helping one another. History: Character trait – try new things – make link that the Wright brothers tried lots of new things to make their design work to help others around the world connect more through flight. Science: Trying something new. James Dyson. Constantly changing and updating his design to improve the suction of hoover. Working with someone new in class Try playing in a different area at playtime and lunchtime – try a new activity History link - Personal Development – Debate – Make comments, ask questions and respectfully challenge ideas. Debate – Roman Britain - The Romans didn't do anything for us? Research – LA/MA groups – look at the impact the Romans had on Britain – what they brought to the lifestyle and culture at the time. HA – Look at what happened when the Romans left. Argue that the Romans didn't have much impact because many people moved out of the towns when the Romans left.
							Science- Personal development

Year 3/4 (Second cycle)	Unit 2: Session 1 We don't have to be the same	Appropriate Touch How relationships can be healthy and unhealthy (Growing and changing 8-11)	Read 'My Friend, Jamal' and discuss and celebrate the differences Equaliteach	YEAR 3: Respecting our bodies Year 4's: What is puberty?	Appropriate Touch How relationships can be healthy and unhealthy (Growing and changing 8-11)	(1 decision) Appropriate Touch How relationships can be healthy and unhealthy (Growing and changing 8-11)	Study the scientist Joean Beauchamp Procter Zoologist who worked in the British Museum and London Zoo at a time when women were not encouraged to be scientists. This scientist showing us we should 'try new things' to discover new technology 'not give up' even with barriers in our way. She also overcame ill health all her life and did not let it get in her way- resilience. Try a new author/genre or if you only read fiction, try some non- fiction or poetry. Try to use a new word that you've learned in your writing. Study the scientist Cindy Looy- 'try new things' to discover new technology. Environmental Change and Extinction- link to Laudauto si and service. Catholic social teaching. This scientist showing us we should be responsible. How can we show responsibility for looking after our school and wildlife. Link with charity team and raising funds for WWF.
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× = /-				10/10			
Year 5/6	Ahmed's story –	Ahmed's story – p82-3	Caritas – The	10/10	Appropriate Touch	Appropriate Touch	Apply to be a house Captain and
(First	p82-3 of	of Equaliteach	Dignity of the	Y5: Types of	How relationships can	How relationships	represent your house to be a
cycle)	Equaliteach		Human Person	<mark>Abuse</mark>	<mark>be healthy and</mark>	<mark>can be healthy and</mark>	great role model
		Ask the young people	 Each person is 	Y6: Spots and	unhealthy	<mark>unhealthy</mark>	Be a part of the Chaplaincy Team
	Ask the young	to work in groups on	unique and	Sleep	<mark>(Growing and</mark>	<mark>(Growing and</mark>	to support others in our
	people to work	their table. Hand out	irreplaceable –		<mark>changing 8-11)</mark>	<mark>changing 8-11)</mark>	community and children within
	in groups on	copies of the story	<mark>everyone</mark>				their faith.
	their table. Hand	cards. Ask the young	matters				Be a part of the Reading Team –
	out copies of the	people to read through					Share your love of reading and
	story cards. Ask	the story cards and put					help other children with their
	the young	them in order. Go					fluency and understanding of
	people to read	through the order of					texts
	through the	their stories with					Be a part of the Mental Health
	story cards and	them, stopping after					Team and nurture positive
	put them in	some of the cards to					Mental Health in school in drop in
	order. Go	facilitate a discussion					den and emotional check in
	through the	about what they think					charts
	order of their	will happen next or					
	stories with	what Ahmed could do					<u>Curriculum Links</u>
	them, stopping	about his treatment:					Science
	after some of						Scientists showing us how we should
	the cards to	Protected					discover and try new things.
	facilitate a	characteristics: Race					Recognise the importance of the
	discussion about						work of Isaac Newton and his
	what they think						contributions to Theory of Gravity
	will happen next						contributions to meery or cruvity
	or what Ahmed						
	could do about						
	his treatment:						
	Protected						
	characteristics:						
	Race						
Year 5/6	My Dad, the	Worry	Caritas – The	10/10	Worry	Appropriate Touch	Apply to be a house Captain and
(Second	Hero	(Feelings and	Dignity of the	Y5: Types of	(Feelings and	How relationships	represent your house to be a
cycle)		Emotions)	Human Person	Abuse	Emotions)	can be healthy and	great role model
0,0.0,	Story on		– People matter	Y6: Spots and	Emotionsy	unhealthy	Be a part of the Chaplaincy Team
	equalities			Sleep		unically	to support others in our
	equanties			Jiech			

focussing on	more than	(Growing and	community and children within
EAL/Race	possessions.	changing 8-11)	their faith.
			Be a part of the Reading Team –
			Share your love of reading and
			help other children with their
			fluency and understanding of
			texts
			Be a part of the Mental Health
			Team and nurture positive
			Mental Health in school in drop in
			den and emotional check in
			charts

	Cycle A RSE	Cycle B 1 Decision ANTIBULLYING WEEK	Cycle C Catholic Social Teachingk	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Personal Development Opportunities 'Push themselves' Virtue: Kindness
EYFS	Unit 2: Session 2 Heads, Shoulders, Knees and Toes	Anti Bullying 10/10 Module 2, Unit 2 Session 2 You've got a friend in me	Caritas – Solidarity and the common good – We are all friends	Unit 2: Session 3 Ready, Teddy?	Story: Blues' Best Friend Talking and Sorting Cards: friendly/unfriendly behaviour	Caritas – Solidarity and the common good – We play together in love and peace	Try to complete all your 'mini me challenges'. Have a go at getting changed for PE without asking for an adult to help you.
		10/10 Module 2, Unit 2 Session 2 Forever friends			Dilemma/Scenario: Making friends. Blue would like to play with red and yellow but isn't sure how to play		Curriculum based (UTW- Traditional ideas) We are going to <u>work hard</u> and <u>push</u> <u>ourselves</u> like the characters in Stuck in the mud.

Year 1	Unit 1: Session 2 Girls and boys	Story: Why does purple play differently to us? Talking and Sorting Cards: Discuss photos which may help children on the autistic spectrum. Dilemma/Scenario: Green dilemma drop – Pink often wears headphones because of noise, Green is confused by this. How can we help Green understand? Equalities: Disability <u>1 Decision</u> Friendship (Relationships) Online Bullying (Computer Safety)	Caritas – Solidarity and the common good – We are brothers and sisters – one family and one world Equalities: Race	Unit 4: Session 1 The Cycle of Life	the game. What can we do to help? Jealousy (Feelings and Emotions)	Freddie and the Fairy Equalities: Disability (Hearing)	We are going to <u>push ourselves</u> to show <u>service</u> and <u>faith</u> during Advent like Mary and Joseph showed towards God by loving Jesus. Push yourself to use some red words in your writing. Push yourself to get changed for PE in less than 5 minutes. <u>Curriculum based:</u> History: Plague: talk about how our understanding of staying healthy has improved. Science/PSHE Geography: imagine – a new pupil had never been to derby. What landmarks
Year 2	Unit 3: Session 2	<u>1 Decision</u> Bullying	Caritas – Solidarity and	Unit 3: Session 3	<u>Body Language</u> (Relationships)	(<u>1 decision)</u> Body Language	never been to derby. What landmarks would you show them? Could you show them where Derby is on a map? Could you create a map of our classroom to help guide them? Push yourself to speak confidently in front of others.

	Feelings Inside Out	(Relationships) I <mark>mage Sharing</mark> (Computer Safety)	the common good – We build together a community of	Super Susie Gets Angry		(Relationships)	Push yourself to use neater presentation in your books.
		(Computer Safety Documentary (Computer Safety)	peace				Curriculum based: Geography Character trait: Try new things/push themselves- join in with a familiar activity. Naming the oceans and describing them. Recall their familiar knowledge from year 1 and trying to name them on more than one occasion through revisits. History: Character trait Push themselves- MLK had to explain his views and feelings in an uncomfortable situation and push past his fears to help others. Science: Agnes Arber- Botanists – improving their work, pushed herself because she continued her work into plant classification during WW2. She did things more than once to get it right. Gustaf Dalen- blind, link to disability month. He pushed himself to achieve great things, to
Year 3/4 (First cycle)	Unit 3: What am I feeling?	<u>1 Decision</u> Online bullying (Computer Safety)	Caritas – Rights and responsibilities– Barriers to happiness	Year 3: I am thankful Y4: Lifecycles	Freddie and the High Flying Kick book to be read - Meet Freddie, a young boy who loves to play football, has a brother called Frankie and a frame to help him walk. At school Freddie is often excluded	Caritas – Rights and responsibilities– Finding happiness with each other	support others who are deaf and blind. Push yourself to use a Tier 3 word in your Talk for Writing work. Push yourself to move on a step in maths Personal Development – Try new things – Learn to have a debate – Make comments, ask questions and respectfully challenge ideas. Debate – The Romans didn't do anything for us?

					from games at break time; the other children don't know how to include him and this makes him sad. Luckily Frankie and the Supersiblings Gang visit the school to show the children what to do and the		Research – LA/MA groups – look at the impact the Romans had on Britain – what they brought to the lifestyle and culture at the time. HA – Look at what happened when the Romans left. Argue that the Romans didn't have much impact because many people moved out of the towns when the Romans left.
					importance of inclusion. Equalities: Disability (Physical)		Science Study the scientist – look at personal character traits and link to the pupils character traits and learning code. Joseph Priestly – Discovered oxygen and 9 other gases and invented carbonated water. Priestly had a stutter but this did not keep him from his studies- Pushed himself. He was curious about many things and worked hard so could speak many different languages. Going for gold and original ideas-
Year 3/4 (Second cycle)	Unit 3: What am I looking at?	<u>1 Decision</u> Making friends online (Computer Safety)	Caritas – Rights and responsibilities– Helping each other make the right choices	Year 3: I am thankful Y4: Lifecycles	Different – A great thing to be! Book to read and discuss Equalities: Disability (Down's syndrome)	Caritas – Rights and responsibilities– Fair shares for all	imagine Push yourself to contribute more to class discussion. Push yourself to say a sentence with confidence in French. Study the scientist – look at personal character traits and link to the pupils character traits and learning code- push yourself.

							Thomas Edison- Lightbulb- made many inventions as a very curious man. He also achieved this even though he was hard of hearing- link to disability month ' <u>Pushed</u> <u>himself. Don't give up</u> <u>History – Ancient Egyptians</u> <u>Personal Development – Push ourselves – Ask questions, make comments and seek clarification.</u> A small group of HA children extend their learning by researching and making a presentation to the class about the River Nile and its importance to the Ancient Egyptians. The class watch their presentation and then in small groups push themselves to decide on some questions or clarifications they could ask about the presentation.
Year 5/6 (First cycle)	10/10: Sharing isn't always caring	Anti-Bullying Week <u>1 Decision</u> Peer pressure (Keeping/Staying Safe) Image Sharing (Computer Safety) Making friends online (Computer Safety)	The Superhero Brain – Explaining autism to empower kids Book to read and discuss Equaliteach: Disability – ASD – Sensory needs	10/10 Seeing Stuff Online	Caritas – Option for the poor and vulnerable – Why are some parts of our area richer or poorer than others?	Caritas – Option for the poor and vulnerable – What are the needs of those in a poor area compared with those in a rich area?	Push yourself to be able to recall times tables to 12 without guides. Push yourself to get your name on a feedback board for outstanding work. To gain house points from a teacher that is not your class teacher <u>Curriculum Links</u> Science: Suitability of everyday Materials:

	Listen to others reasoning about the suitability of everyday materials and push themsleves to come to shared conclusions Push yourself to behave and think like a scientist when conducting experiments, – To be able to make predictions and conclude results
	In history:Push themselves to try new things and have original ideas. Be inspired by Victorian inventors where rapid change had a positive impact on people's lives. Push themselves to use vocabulary – politically, economically, socially,Black History month – Focus on Nelson Mandela and his struggle for fairness - NM was trying to make society <u>understand others</u> through their words and actions. He showed <u>respect</u> and <u>acceptance</u> towards everyone.
	Tolerance and acceptance of other race and cultures. Democracy – everybody has a right to vote.Tudors – Understanding the catalyst for the English Reformation. Catholics/ProtestantsTeamwork - tactics during conflict. Tolerance and acceptance of other faiths.

							In Geography: Push ourselves to combine and link our understanding of both climate zones and biomes AND Pushing ourselves to use atlases with more confidence (rainforests)
Year 5/6	10/10	Anti-Bullying Week	Caritas – Option	10/10	Stealing	He's not	Push yourself to use a variety of
(Second	Cyber	<u>1 Decision</u>	for the poor	Seeing Stuff	(Being Responsible)	naughty –	conjunctions in your writing using
cycle)	Bullying	Making friends	and vulnerable	online		Deborah	FANBOYS and ISAWAWABUB as a source
		online (Computer Safety)	 Helping each 			Brownson	of support
		<mark>(Computer Safety)</mark>	other to see brothers and			Book to read	Buch yourself to mayo an a stan in
		Looking out for					Push yourself to move on a step-in
		Looking out for	sisters, not			and discuss	maths to ascend up the progress drives.
		others	strangers, in			-	
		(Being responsible)	need. Raising			Equalities:	Using reading texts as inspiration for
			awareness			Disability - ASD	writing. Magpie tier 3 words from across
			locally and				the curriculum in your writing.
			nationally.				

	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Personal Development Opportunities 'Improve' and 'Work hard' Virtue: Service
EYFS	Unit 3: Session 1 - I like, you like, we all like!	Story: Blue explores road safety Talking and Sorting Cards: sorting safe and unsafe cards Dilemma/Scenario: Road safety – Blue is playing tennis in the park. The ball goes out on to the road. What can blue do?	Caritas – Option for the poor and vulnerable – God's gifts are for everyone	Unit 3: Session 2 – Good feelings, bad feelings	Story: Green gets glasses Talking and Sorting Cards: sorting helpful and unhelpful cards Dilemma/Scenario: Worrying and adjusting to change – worrying about what your friends might say about your new glasses.	Caritas – Option for the poor and vulnerable – Learning to share our toys and food with our friends so that everybody has enough	To improve our letter formation and try and sit the letters on the line. To improve our quick recall of number bonds to 10. Curriculum based (UTW- We're going on a Bear Hunt). We are going to improve our team work skills just like the family did, as they travelled through the settings to find the Bear.
Year 1	Unit 1: Session 1 God loves you	<u>Water Spillage</u> (Being responsible)	Caritas – Option for the poor and vulnerable – Some of God's family have plenty of food, toys and clothes. Some don't.	Unit 2: Session 1 Special People	<u>Water Spillage</u> (Being responsible)	Caritas – Option for the poor and vulnerable – Exploring the feelings of those who have plenty and those who have little.	Try to improve your handwriting in all subjects. Try to improve the quality of your drawings in all subjects.

							Curriculum opportunities: History - Florence Nightingale and Mary Seacole worked really hard to improve the cleanliness of hospitals during wartime. Mary Seacole- to imagine, acceptance. The life of a BAME female nurse. Geography- Thinks to maths and directions. Can you improve your vocabulary to use maps with key features to direct and guide.
Year 2	Unit 2: Session 2 Treat others well	<u>Practice makes perfect</u> (Being responsible)	Caritas – Option for the poor and vulnerable – Working together to make our family happy. Exploring justice and fairness.	Read and discuss 'Dogs don't do ballet' in relationship to gender expectations – please see p61 https://equalit each.co.uk/do wnloads/ EqualiTeach- Outside-The- Box.pdf After reading and discussing	<u>Practice makes perfect</u> (Being responsible)	Caritas – Option for the poor and vulnerable – Who needs our help? How can we help?	Improve my organisational skills, making sure I am prepared for each lesson. Improve my confidence at sharing ideas in class. History: Character trait – Florence Nightingale had to work hard to get where she needed to be and improve the quality of care for the soldiers.

	the book,	Science:
	solicit unfair	<u>Alan Titchmarsh-</u>
	ideas and	<u>Botanist & Gardener</u>
	expectations	Improving gardens, making
	that the class	improvements to help
	are aware of	others.
	about boys	Charles Macintosh-
	and girls, such	Waterproof material.
	as 'girls can't	Wellies. <mark>Improved</mark> his
	play football',	Inventions. encouraging
	'boys can't	children to make a small
	wear pink' etc.	improvement to their
	Agree that	design.
	these ideas	
	are false,	
	unfair and can	
	hurt people's	
	feelings. Invite	
	the young	
	people to	
	draw their	
	own story	
	book inspired	
	by Biff's story,	
	using the	
	unfair ideas on	
	the board as	
	book titles	
	Equality:	
	Gender	

my friend		P63 of	Y3: Jesus my friend	P64 of Equaliteach	Continuation of P64 of Equaliteach	Team work- taking turns and listening to each
•	https://equaliteach.co.uk/downlo	Equaliteach	menu	Space invaders activity	P04 01 Equaliteach	others ideas.
	ads/	lesson	Y4: Changing	linked to gender	Space invaders	When using web of
Y4:	Use Catholic Social Teaching to		bodies	stereotypes	activity linked to	ideas acknowledge what
Changing	challenge ideas younger pupils				<mark>gender</mark>	your team mate has
bodies	may have about what boys, girls,			Equality: Gender	stereotypes	said.
	men and women 'can't' or					
	'should' doTell the class that				Equality: Gender	Study the Scientist-
	they will now have a chance to					i <mark>mprovements in health</mark>
	learn about a real-life					Washington & Lucius
	weightlifter. Introduce the role					Sheffield- Toothpaste in a
	model (in the case of the					tube
	weightlifter, Amna Al Haddad)					Discuss how their
	using the accompanying videos					invention has improved
	(see below). Facilitate a					our health, reducing
	discussion about young peoples'					tooth decay- link to
	responses to the real-life role					serving others-
	model.					discipleship
(Changing	Changing bodies challenge ideas younger pupils may have about what boys, girls, men and women 'can't' or 'should' doTell the class that they will now have a chance to learn about a real-life weightlifter. Introduce the role model (in the case of the weightlifter, Amna Al Haddad) using the accompanying videos (see below). Facilitate a discussion about young peoples' responses to the real-life role	74:Use Catholic Social Teaching to changing challenge ideas younger pupilsbodiesmay have about what boys, girls, men and women 'can't' or 'should' doTell the class that they will now have a chance to learn about a real-life weightlifter. Introduce the role model (in the case of the weightlifter, Amna Al Haddad) using the accompanying videos (see below). Facilitate a discussion about young peoples' responses to the real-life role	74:Use Catholic Social Teaching to changing oodiesbodiesmay have about what boys, girls, men and women 'can't' or 'should' doTell the class that they will now have a chance to learn about a real-life weightlifter. Introduce the role model (in the case of the weightlifter, Amna Al Haddad) 	44: Use Catholic Social Teaching to challenge ideas younger pupils may have about what boys, girls, men and women 'can't' or 'should' doTell the class that they will now have a chance to learn about a real-life weightlifter. Introduce the role model (in the case of the weightlifter, Amna Al Haddad) using the accompanying videos (see below). Facilitate a discussion about young peoples' responses to the real-life role bodies stereotypes	'4: Use Catholic Social Teaching to Changing bodies bodies stereotypes activity linked to gender 'activity linked to gender gender stereotypes stereotypes 'may have about what boys, girls, men and women 'can't' or 'should' doTell the class that they will now have a chance to learn about a real-life Fequality: Gender Fequality: Gender weightlifter. Introduce the role model (in the case of the weightlifter, Amna Al Haddad) using the accompanying videos (see below). Facilitate a discussion about young peoples' responses to the real-life role image: bodies image: bodies image: bodies

							Personal Development
		Equality: Gender					Improve concentration skills –
							Draw a step-by-step Viking Ship and annotate it with information learned about their effectiveness.
Year 3/4 (Secon d cycle)	Y3: Jesus my friend Y4: Changing bodies	P66 'The World Around Us' from Equaliteach Equality: Gender Equality	Read Kave-Tina Rox Read and discuss gender stereotypes Equality: Gender Equality	Y3: Jesus my friend Y4: Changing bodies	Read 'Pass it Polly' Read and discuss gender stereotypes Equality: Gender Equality	Creating posters to showcase how you can be whatever you want to be linked to the gender equality theme	Science Study the scientist- look at character traits and how match to learning code. Improvments in health - xrays Marie Curie- Radiation- She carried on even though she was sick with radiation- Never Give up

Year 5/6 (First cycle)	10/10 Y5: Reaching out Y6: Emotional Changes	<u>Anger</u> (Feelings and emotions)	Caritas – Solidarity and the common good – I listen to you with my ears, eyes, heart and mind	10/10 Body image	Anger (Feelings and emotions)	Caritas – Solidarity and the common good -We walk together as people of peace	In history: To improve our understanding of the British Empire inc dates, countries and negative and positive impact. Improve being able to make comparisons with other areas studied. AND Improve understanding by comparison of beliefs – Ancient GreekGods/compare to British – Victorian and Tudors – similarities with ancient Egypt that all children have studied in LKS2 Science: The effect of exercise on the body: To improve our understanding of healthy eating and exercise and how this can impact our overall health Reproduction of plants and animals: To use our
							Red Pen opportunities to show effort in refining and adjusting work to

						improve our understanding of newly gained knowledge
						To improve In Geography: Improve our retention of key geographical vocabulary (marine biome) And (Ice biome) Improve our ability to share responsibilities within a team
Year 5/6	10/10 Do you want	<mark>1 Decision</mark> Under Pressure	10/10 Under Pressure	<mark>British Values</mark> (A World Without	British Values (A World Without	
(Secon d cycle)	a piece of cake?			Judgement)	Judgement)	

Lent 2

Revisit of Harmful Sexual behaviour / British Values (Mutual respect) / Equality (Celebrating other faiths)

	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Personal Development Opportunities 'Don't give up' and 'Concentrate' and 'Work hard' Virtue: Perseverance
EYFS	Unit 3: Session 3 – Let's get real	Story: Rainbows food journey Talking and Sorting Cards: Food from around the world and ways in which they are eaten. Dilemma/Scenario: Your mum gives you chicken and rice for your pack up but all your friends have sandwiches. What if they make fun? What can you do?	Caritas – Rights and responsibilities – God wants everyone to be happy.	Unit 3: Session 4 – Growing up	Story: Rainbow visits the seaside Talking and Sorting Cards: ways to stay safe and cool in the hot weather Dilemma/Scenario: You've forgotten your sunhat for school. What can you do to stay safe?l	Caritas – Rights and responsibilities – God gives us all we need to be happy.	We <u>don't give up</u> when we're trying to write a sentence independently. We will <u>work hard</u> to be like Jesus during Lent. Curriculum based (UTW – Handa's Surprise). We will <u>try new things</u> just like Handa wanted Akeyo to do, when trying the different fruits, and <u>not give up</u> after the first try. We will <u>work hard</u> to try to <u>understand</u> <u>others</u> and recognise that we are all different.

Year 1	Unit 3: Session 1 Being Safe	<u>Water Spillage</u> (Being responsible)	Caritas – Rights and responsibilities – Helping each other to make the right choices	Unit 3: Session 2 Good Secrets and Bad Secrets	NSPCC Pants rule materials https://www.nspcc.org.uk/keeping- children-safe/support-for- parents/pants-underwear-rule/	Caritas – Rights and responsibilities – Happiness is? Exploring what makes us happy.	Work hard on using your phonic knowledge in your writing. Work hard on your reading at home. Mae Jemison – acceptance and worked hard to become the first black female astronaut. Neil Amstrong- how did his hard work and perseverance lead him to reach his dreams. imagine – a new pupil had never been to derby, London etc What landmarks would you show them where Derby is on a map? Could you create a map of our classroom to help guide them? Links - to maths and
							of our classroom to
Year 2	Unit 3: Session 3 Physical Contact	Helping someone in need (Being responsible)	Caritas – Rights and responsibilities – Finding happiness with each other	Unit 3 Session 4 Harmful substances	<u>Helping someone in need</u> (Being responsible)	Read 'My own special way' and discuss respecting another faith as the theme	Work hard on your homework at home. Don't give up when work becomes challenging.

						Equality: Faith	Geography: Doesn't give up/work hard- looking at the traditions of the military. Enjoy the results of effort in areas of interest. The tattoo is a celebrations of these efforts. History: Character trait linked to Battle of Hastings: Does not give up, work hard: the soldiers had to work hard as a team and not give up in order to try and win the battle for their country. Enjoy results of working with others to achieve something. Science: Eugenie Clark – marine biologist.
Year 3/4 (First cycle)	Family, friends and others	<u>Grief</u> (Feelings and emotions 5-8)	'Ramadan Moon' – Read and discuss a special holiday from another faith Equality: Other faiths	<mark>Sharing</mark> online	<u>Grief</u> (Feelings and emotions 5-8)	(1 decision) Grief (Feelings and emotions 5-8)	

							Groups make their case in a short presentation each. Opportunities to ask questions and then vote. Study the Scientist- work hard to be an expert in your field. teamwork and sharing ideas. Mary Anning shared her discoveries. Mary Anning- Fossil hunter
Year 3/4 (Second cycle)	When things feel bad	<u>Jealousy</u> (Feelings and emotions 8-11)	Read 'The proudest blue' – A story of Hijab and Family Story from another faith - Islam Equality: Other faiths	Chatting online	Jealousy (Feelings and emotions 8-11)	<u>(1 decision)</u> <u>Jealousy</u> (Feelings and emotions 8-11)	Science- study scientist Wilhelm Rontgen - X rays- received numerous accolades for his work, including the first Nobel Prize in physics in 1901, yet he remained modest and never tried to patent his discovery. Today, X-ray technology is widely used in medicine. FOCUS ON character trait- working hard ,being humble- Personal Development – Don't give up and work hard – Challenge the children to decide which is the most important Egyptian artefact that has been discovered? The Narmer Palette, The Rosetta Stone, Egyptian

							burial masks or The Pyramids. Groups make their case in a short presentation each. Opportunities to ask questions and then vote.
Year 5/6 (First cycle)	10/10 Y5: Is God calling you? Y6 Peculiar feelings	Enterprise (The Working World)	Caritas – Solidarity and the common good – We face challenges together	10.10 Self Talk	Enterprise (The Working World)	Enterprise (The Working World)	Science Work hard and don't give up when exploring the impact of using different components and how it effects the current of electricity Recognise the importance of scientific discoveries, and how they continued and did not give up with their research efforts and were able to come to conclusions <u>History:</u> Work hard to understand the concept of cause and effect focusing on exploration in Tudor and Victorian times.

							AND
							I won't give up trying to understand scale on a timeline.
							<u>Geography</u> : We will work hard to help other learners understand how humans affect the freshwater in our world AND I won't give up when it comes to learning the countries of South America and their
Year 5/6 (Second cycle)	10/10 Y5: Is God calling you? Y6: Peculiar feelings	<u>British Values</u> (A World Without Judgement)	Caritas – Solidarity and the common good – I listen to you with my ears, eyes, heart and mind	10/10 Y5: Is God calling you? Y6: Menstruation	<u>British Values</u> (A World Without Judgement)	Caritas – Solidarity and the common good - We walk together as people of peace	capital cities

Pentecos Focus on		les / Rule of La	w / Indivi	dual Liberty	/ Equality in rela	tion to sexuality, d	isability and race
	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Personal Development Opportunities 'Understand others'
EYFS	Unit 1: Session 1 – Role Model	Story: Yellow learns about germs Talking and Sorting Cards: situations where germs may spread and actions to take to prevent this. Dilemma/Scenario: Purple wants to wash her hands but is too little to reach the soap pump. What can we do to help?	Caritas – Family and Community – My school family	Unit 2: Session 1 – Who's who?	Story: Greens' greens Talking and Sorting Cards: we can have this often/we can only have this on special occasions Dilemma/Scenario: Blue has forgotten her pack lunch at home. She has never had a school dinner before, and she is worried she won't like it. What can she do?	Caritas – Family and Community – We love and look after each other because we are all brothers and sisters in God's family.	Virtue: Acceptance Take it in turns to speak and listen when having a conversation with your friend. (No talking over.) Play a group game, listening to each other and taking turns. Curriculum based (UTW – The Very Hungry Caterpillar). We will <u>respect</u> nature and <u>understand</u> the changes which occur within lifecycles. We will <u>ask good</u> <u>questions</u> to develop our understanding of lifecycles.
Year 1	Unit 1: Session 1 Three in One	<u>Growing in our</u> <u>world</u> (Our World)	Caritas – Family and Community – We are all part of a community	Unit 1: The communities we live in	Growing in our world (Our World)	Caritas – Family and Community – We look after and care for each other	Try to choose a different person to play with. Listen carefully to others during TTYP and group work. <u>Curriculum based:</u>

							History - The Wright Brothers worked together to achieve their dreams. The wright brothers worked hard to improve their designs and be resillient. Science: How could you improve your diet to make it healthier?
Year 2	Unit 1: Session 2 Who is my neighbour?	Living in our world (Our world)	Caritas – Family and Community – I belong to my family and my community	Caritas – Family and Community – My community needs me	Living in our world (Our world)	Spend some time drawing what they think a family looks like – show different versions of these – did anyone draw step family? 2 mums? 2 dad? Grandparents looking after /Aunties/Uncles/Sisters looking after / Foster families/ Single parents The read 'Love makes a family' Are these still families? YES So what is a family? Create a class definition Equality – Sexuality	Play with someone if they seem lonely or left out. Spend time talking to and playing with different people and break and lunchtime. Geography: Understanding others – knowing that one's behaviour affects other peoples / world. Pollution in the GBR. History: <u>understanding others.</u> How did Rosa Parks's actions impact others? Show an understanding of how people lived during that time and how we should act and live today. Understand how her behaviour affected others. Science: Steve Irwin – exploring the wildlife and their food /

						All created and loved by God is the key message!	habitats. Show an understanding of how their actions can impact others. Destroying habitats etc. Water Aid- understanding others point of view, the impact of dirty water on humans and sanitation. Links to healthy living.
Year 3/4 (First cycle)	Safe in my body	<u>Stealing</u> (Being responsible 5-8)	Caritas – Family and Community – What makes community?	The Big Book of Families Read and discuss how different families and family lives can be Equalities: Sexuality/Race/ Religion/Disabil ity	<u>Stealing</u> (Being responsible 5-8)	(1 decision) Stealing (Being responsible 5-8)	History - Personal Development – Understand each other – Two sides argue fairly against each other – ask questions and respectfully challenge each other's ideas. See task below Y4 Extension discussion – Do you agree? The remains at Herculaneum are more important than those at Pompeii? Justify your reasons.
							Scientist study - Understanding others- How we need to understand how our bodies work also look at character

							traits <mark>- curiosity- Ask good</mark> <mark>questions</mark> Ivan Pavlov- Digestive System Mechanisms
Year 3/4 (Second cycle)	First aid heroes	<u>Coming home on</u> <u>time</u> (Being responsible - 8-11)	Caritas – Family and Community – Building up community	Caritas – Family and Community – Building up the kingdom of God	<u>Coming home on</u> <u>time</u> (Being responsible - 8-11)	<u>(1 decision) Coming</u> <u>home on time</u> (Being responsible -8-11)	Personal DevelopmentScientist study -Understand others-howwe hear also look atcharacter traits-curiosity- Ask goodquestionsAristotle - SoundWavesGailileo Galilei -Frequency and Pitchof Sound Waves
Year 5/6 (First cycle)	10/10 Y5: Impacted lifestyles Year 6: Boys' bodies	<u>Enterprise</u> (The Working World)	10/10 Y5: Impacted lifestyles Year 6: Boys' bodies	10/10 Y5: Making Good choices <mark>Y6: Girls'</mark> bodies	10/10 Y5: Making Good choices Y6: Girls' bodies	Caritas – Solidarity and the common good – We face challenges together	Science: Understand the physical changes of humans and how we all develop and at our own pace Respect for others Describe and show other's viewpoints about the theory of Evolution Ask good questions Charles Darwin: Theory of Evolution

							History: Understanding others: Show an understanding of Victorian life and the significance of important new inventions. Show an understanding of the word generations by looking at family trees and understanding the relationships between different generations.
Year 5/6	10/10	In-App Purchases	10/10	10/10	In-App Purchases		
(Second cycle)	Y5: Impacted	(The Working World)	Y5: Impacted	Y5: Making Good choices	(The Working World)	10/10 Y5: Making Good choices	
	lifestyles		lifestyles	Y6: Girls' bodies		Y6: Girls' bodies	
	Year 6:		Year 6:				
	Boys'		Boys'				
	bodies		bodies				

Pentecost 2								
Focus: Staying sa	safe (Indivi	idual liberty) and	d Healthy lifesty	vles				
-	Cycle A RSE	Cycle B HEALTHY FORNIGHT	Cycle C Catholic Social Teaching	Cycle A RSE	Cycle B 1 Decision	Cycle C Catholic Social Teaching	Personal Development Opportunities 'Concentrate' and 'Imagine'	

							Virtue: Respect
EYFS	Module 2,	10/10	10/10 Module 3,	10/10 Module	Story: Pinks screen	10/10 Module 3,	We can
	Unit 3:	Module 2 Unit 3	Unit 1: Session 1 –	3, Unit 1:	time	Unit 2: Session 1 –	concentrate during
	Session 4 –	Session 1:	God is love	Session 2 –	Talking and Sorting	Me, You, Us	a short task until it
	People who	Safe inside and out		Loving God and	Cards: healthy and		is complete.
	help us			loving others	unhealthy screen		
		<mark>Session 2 – My Body,</mark>			use		We can use our
		<mark>My rules</mark>			Dilemma/Scenario:		imagination to
					Yellow has been		write our own
		Session 3 Feeling			playing her		stories.
		Poorly			favourite thing on		
					the school tablet all		Curriculum based
		Story: Red visits the			morning. Blue		(UTW – Farmer
		dentist			would like a turn		Duck.)
		Talking and Sorting			but Yellow won't		We will
		Cards: express			let her. How can		concentrate on our
		feelings of visiting			we help?		jobs just like
		these places now					Farmer Duck did
		and in the future					on the farm but
		Dilemma/Scenario:					remember that we
		Purple has got					are <u>not alone</u> , and
		toothache and is					that we can help
		worried about telling her parents in case					each other.
		they take her to the					We remember
		dentist. What should					how we should
		she do?					treat other people,
							reflecting on our
							own choices, just
							like the farmer
							should have done.
Year 1	Caritas – The	<u>1 Decision</u>	Growing in our	Caritas – The	10/10	Caritas –	Concentrate whilst
	dignity of	Year 1: Washing	world	dignity of work	KS1: Module 2,	Stewardship –	instructions are
	work –	hands	(Our World)	– Working	Unit 3, Session 5 –	Learning from	being given.
	Everybody's	(Keeping/Staying		together to	Can you help me?	God's creation	Use your
	work is	Healthy)		build up our	(Emergency	(interdependence)	imagination to
	valuable and			school family.	services		create new games
	important for	Road Safety					

	the community.	(Keeping/Staying Safe)					to play with your friends.
		ls it safe to eat or drink? (Hazard Watch)					Curriculum: Science – use your imagination. Imagine what it's like to be a scientist. Come up with good questions that you would ask a scientist.
							Geography: imagine what would be like to live on the continent of Antartica. What items would be useful?
							Science: Link to geography, what materials would be useful for the objects you would take to antartica.
Year 2	Caritas – The dignity of work – Finding my special job, my gift to the world	<u>1 Decision</u> Healthy eating (Keeping/Staying Healthy) Brushing Teeth (Keeping/Staying Healthy)	<u>Working in our</u> <u>world</u> (Our world)	Caritas – The dignity of work – Working hard to be the best you can be, for others.	<u>Working in our</u> <u>world</u> (Our world)	Caritas – Stewardship – Making good choices – being responsible	Concentrate when completing independent tasks. Imagine how you are going to develop when you move to year 3, what are you looking forward

Tying Shoelaces			to? What are your
(Keeping/Staying			worries?
Safe)			
,			Geography:
			Character trait:
			Imagine what it
			would be like to live
			as an Aborigine by
			responding to the
			ideas of others.
			Understanding
			others, listening to
			their points of view
			and why they live
			their lives the way
			they do.
			Concentrate and
			imagine. Develop
			and act on ideas.
			How can we
			protect the
			rainforest?
			History:
			Concentrate- give
			attention to areas
			of interest and
			tune out
			distractions.
			Children will need
			to focus their
			attention and
			concentrate on
			picking out key
			points on the tapestry.
			Science:
			Teamwork,
			concentrate and
			<mark>imagine.</mark> Give

Year 3/4	Caritas – The	10/10	Looking after our	Caritas – The	Caritas – The	(1 decision)	attention to an area of interest. Showing signs of concentrating when constructing their circuits. STEM WEEK History -
(First cycle)	dignity of work – Exploring our understanding of work. How does work build us up?	LKS2 Module 2 Unit 3: Drugs, Alcohol and Tobacco First Aid Heroes <u>1 Decision</u> Medicine (Keeping/Staying Healthy) Staying Safe <i>Stranger danger</i> (Keeping/Staying safe) Leaning out of windows ((Keeping/Staying safe) Is it safe to play with? (Hazard watch)	<u>world</u> (Our world 5-8)	dignity of work – The many sides of working together to build up a community.	dignity of work – The many sides of working together to build up a community.	Looking after our world (Our world 5-8)	Personal Development Use imagination and concentrate on prior understanding – Research what was happening to the climate during the Stone Age – What impact did the changing climate have on these people? Discuss what they think the Stone Age people would have done to deal with this change in climate. Compare with today's struggles with climate change. Science- Adelle Davis - Nutritionist During Healthy Fortnight and STEM week focus on how diet and sleep helps us to concentrate

							Geography- Local study- focus on how we can be part of our community - discipleship
Year 3/4 (Second cycle)	Caritas – The dignity of work – Recognising and helping others to find their gift and to share it.	1 DecisionHealthy living(Keeping/Staying healthy)Cycle safety(Keeping/Staying Safe)First Aid HeroesBreaking down barriers(A world without judgement)	(<u>1 decision) Chores</u> <u>at home</u> (The working world 8-11)	10/10 How do I love others?	Chores at home (The working world 8-11)	Caritas – The dignity of work – Enabling each others to aim high	Geography- Fair Trade- how to treat others with respect. Science- STEM week Learn about how surgeons have to concentrate in order to keep tools and hands clean and free of germs- Ref Joseph Lister who developed antisepsis system
Year 5/6 (First cycle)	Year 5: Caritas – Stewardship – All things are connected 10/10 Making babies part 1	<u>1 Decision</u> Water Safety (Keeping/Staying Safe) 10/10 Giving Assistance (First Aid)	Year 5: Caritas – Stewardship – Enough for everybody's need, but not everybody's greed. Year 6: Making babies Pt 1	Year 5: Caritas – Stewardship – Stewards of God's world 10/10 Making Babies Pt 2	<u>1 Decision</u> Smoking (Keeping/Staying healthy)	Year 5: Caritas – Stewardship – Seeing God in creation 10/10 Making babies Pt 2	Science: STEM Week: show concentration and perseverance to develop a deep interest into a science project Earth and Space: Generate ideas and ask lots of questions to develop exploration skills

							Be willing to research your questions and learn from your discussions with others <u>History</u> : Imagine what it was like in Ancient Greece and Tudor times by looking at their past times.
Year 5/6	Year 5: Caritas	<u>1 Decision</u>	Year 5: Caritas –	Year 5: Caritas –	In-App Purchases	Year 5: Caritas –	
(Second cycle)	– Stewardship	Inclusion and	Stewardship –	Stewardship –	(The Working	Stewardship –	
	– All things	Acceptance	Enough for	Stewards of	World)	Seeing God in	
	are connected	(A World without	everybody's need,	God's world		creation	
	Caritas	Judgement)	but not everybody's greed.	Year 6: 10/10 Making Babies		Year 6: 10/10 Making Babies Pt 2	
	Year 6: 10/10		5,000	Pt 2			
	Making babies	Alcohol	Year 6: 10/10				
	part 1	(Keeping/Staying healthy)	Making babies Pt 1				

Year Group	Catholic Virtue	Character Trait	Learning Skills (DRAGON)
Advent 1	Faith	Try new things	Asks good questions
Advent 2	Kindness	Push yourself	Goes for gold
Lent 1	Service	Improve / Work hard	Remembers and reflects
Lent 2	Perseverance	Concentrate	Doesn't give up
Pentecost 1	Acceptance	Understand others	Not alone
Pentecost 2	Respect	Imagine (revisit concentrate too)	Original ideas